ISSUE 21

Our Purpose: The Monmia school community is committed to providing innovative programs that Stimulate and challenge each student to develop lifelong learning skills and strategies. We provide a safe, nurturing environment where teachers, students and parents work in an effective partnership. www.monmia.vic.edu.au Phone: 03 9364 1007



Dear Monmia Families.

HIGHLIGHTS OVER THE LAST FORTNIGHT:

- Year 3-6 Camp at Lady Northcote Recreation Camp has been a great success. The children had a wonderful time experiencing new and exciting activities like fishing for yabbies, pizza making and bike riding.
- Year 3-6 staff at camp were thrilled with the way the children have behaved and their courage in trying
 new experiences.
 - Thank you to Merryn Auld, Lisa Tate, Regina Koen, Peter Gartside, Mandy Peters, Leanne Anderson and Caitlyn for providing the Year 3-6 campers with a fun filled exciting and safe camp.
- Our wonderful Family and Friends preparing for The Christmas Hamper Raffle.

IMPORTANT EVENTS COMING UP

- Friday 9 December
 - Christmas Out of Uniform Day -children to bring a donation for the Christmas Hamper Raffle.
 - o Prep-2 Fun Friday End of Year Celebration
 - School Helpers Morning Tea at 11-11:30am
- Monday 12 December
 - Year 3/4 Special Lunch
 - Whole School Assembly at 3pm
- Tuesday 13 December
 - Year 6 to 7 Transition Day
 - Family and Friends Last Meeting @ 12pm
- Wednesday 14 December
 - Final School council Meeting at 6pm

- Thursday 15 December
 - o Year 6 Graduation
- Friday 16 December
 - Whole school Pyjama Day-children to wear suitable shoes and weather appropriate pyjamas.
- Monday 19 December
 - Year 5/6 end of Year Excursion
 - o Special Surprise Assembly with Ray White-First Time Ever
- Tuesday 20 December
 - Meet the Teacher @ 10-11 am
 - End of Year at 1:30pm. Please pick up children on time as the school will be closed at
 1:45pm as staff will be leaving the school for a special event.

STAFFING FOR 2023

There are going to be staff changes for 2023. Karen Slatterie will be on Long Service Leave for Term 1 and 2. I am sure she has some exciting things planned for her break from school. We congratulate Peter Gartside on his successful appointment to University Park Primary school. Although Peter has only been with us for this year he created successful relationships with his students, their families and his colleagues. We wish Peter all the best at his new school.

Justin Belovitch who has worked at Wedge Park in 2022 has been appointed to an ongoing position there. Justin started at Monmia as the Physical Education Teacher, thirteen years ago and took on classroom teaching in more recent years. He has been a valued member of our community and often volunteered to take on new roles and responsibilities. We know that Justin will have an amazing future at his current school. Michelle Rinaldi has spent 2022 working at St Thomas More PS and has decided she will continue to work in the Catholic Sector. Michelle had been at Monmia for fourteen years and during that time was an asset to our community. We know that Michelle will continue to do great things at St Thomas More.

Emmy Koroneos left Monmia this year to explore new work experiences. Emmy will not be returning to Monmia as she is enjoying her new position. We know she will have a successful future ahead of her.

It is with great pride as well as sadness that we farewell these amazing staff members. We know that they will make wonderful contributions to their new workplaces.

It is exciting that we also welcome two classroom teachers to joining the Monmia Family. Christopher Muscat will be a new teacher in Year 1/2 and Bethany Buijs will join the Year 3/4 PLC. We are looking forward to working collaboratively with these new teachers.

TLSC CANTEEN

We have been informed that the Canteen will not be operating next week. Therefore, Friday 9 December will be the last day they are taking lunch orders. Apart from the Year 3/4 children who are having a special lunch on Monday 12 December, there will not be any more lunch orders available.

There will be a special final newsletter sent home on Tuesday 20 December.

Warm Regards,

Lorraine Bell

Principal



Taking all year level ENROLMENTS for 2023

School Enrolments for Preps – Year 6 are being taken now.

- Do you have a child who is starting Prep next year?
- Do you have a friend or relative who has a child ready to start school in 2023?
- Do you know of a family new to the area looking for a school for their child?

We are very proud of our many achievements:

- Internationally recognized for our **Feedback** Chapter in Hattie's Visible Learning into Action-International Case Studies of Impact.
- Nationally recognized and accredited BeYou School focusing on Mental Health and Wellbeing.
- Locally recognised for our outstanding and award-winning School Library.

Help us make Monmia the local Government School of choice and share our story. Tell a relative, tell a friend, tell everyone! Every new student receives a special gift.

Something Spectacular is happening!

The school has received a \$6.943 million upgrade and will be given:

- A brand-new STEAM (Science, Technology, Engineering, The Arts and Mathematics) Centre.
 - Refurbished Year Prep, Year 1/2 and Year 3/4 Collaborative Learning Spaces.
- An expansion and modernisation of the administration block.
- Upgraded football oval and soccer pitches.
- Extensive new landscaping at the entrance of the school.

▶Please pick up an enrolment form from the office to secure a place for your child in our school.

ENROL NOW

SPOTLIGHT ON BOUNCE BACK!

A WELLBEING AND RESILIENCE PROGRAM

THE FOCUS FOR THIS WEEK IS: SHOWING GRATITUDE

Dear Parents and Guardians.

In positive psychology research, gratitude is **strongly and consistently associated with greater happiness**. Gratitude helps people feel more positive emotions, appreciate good experiences, improve their health, deal with adversity, and build strong relationships. The benefits of practicing gratitude are nearly endless.

People who regularly practice gratitude by taking time to notice and reflect upon the things they're thankful for like having somewhere to live, food to eat, fresh water to drink, having a family and even having access to technology. When you have an attitude to for Gratitude you experience **more positive emotions**, feel more alive, sleep better, express more compassion and kindness, and even have stronger immune systems.

When we are grateful, we can appreciate and celebrate the accomplishments of others. A grateful child exhibits these actions and attitudes which lead to improved self-esteem overall. For many people gratitude is expressed, verbally by saying "thank you, You mean a lot to me or I feel so loved by you," These phrases of emotive gratitude is likely to mean a more than a gift would. For others, gratitude is shown by scheduling quality time together, planning a day together or writing a thank you note to say you are grateful.

Family Activity

As a family, introduce a gratitude chat at dinner time where each family member states one thing they are grateful for each day.



Warm Regards,



ATTENDANCE & PUNCTUALITY



EVERY DAY COUNTS: Routines are essential!

Are you having problems getting your child to school? Perhaps he/she:

- will not get out of bed in the morning and will not go to bed at night
- cannot find their uniform, books or school bag.
- eats their breakfast too slowly
- has not completed their homework
- spends too much time watching TV in the morning.

If so, speak about school positively and set home and school routines to help

- have a set time to go to bed and to get out of bed
- have the uniform and school bag ready the night before
- have a set time for starting and finishing breakfast
- set a time for daily homework tasks
- be firm and send your child to school every school day.

Lucia Vorpasso Assistant Principal: Student Engagement and Wellbeing



SPOTLIGHT ON BOUNCE BACK

A WELLBEING AND RESILIENCE PROGRAM

THE FOCUS FOR THIS WEEK IS: The Key Principles of BounceBack

Dear Parents and Guardians.

For the final weeks of the year we would like to review the big messages from the BounceBack Wellbeing and Resilience Program and from the CASEA program.

Do you know what the BounceBack acronym stands for?

The BounceBack acronym describes the strategies and helpful thinking that we can use when something goes wrong in our lives that cause us to feel sad, frustrated or scared. It is very important to trust yourself to BounceBack and to help others to BounceBack as well.

 $m{B}$ ad times don't last. Things always get better. Stay optimistic.

 $oldsymbol{O}$ ther people can help if you talk to them. Get a reality check.

 ${m U}$ nhelpful thinking makes you feel more upset. Think again.

 $oldsymbol{N}$ obody is perfect, not you and not others.

 $oldsymbol{\mathcal{C}}$ oncentrate on the positives (no matter how small) and use laughter.

 $m{E}$ verybody experiences sadness, hurt, failure, rejection and setbacks sometimes, not just you. They are a normal part of life. Try not to personalise them.

Blame fairly. How much of what happened was due to you, to others and to bad luck or circumstances.

 $oldsymbol{\mathcal{A}}$ ccept what can't be changed (but try to change what you can change first).

 $m{\mathcal{C}}$ atastrophising exaggerates your worries. Don't believe the worst possible picture.

 $m{K}$ eep things in perspective. It's only part of your life.

Family Activity

As a family discuss the BounceBack acronym and create a poster to keep at home so you can refer to it when you need to. Illustrate each statement so even younger family members can connect with the principles.

I hope you find the articles useful, and I look forward to any feedback.

Warm Regards,

Lucia Vorpasso

SPOTLIGHT ON THE CASEA PROGRAM

A WELLBEING AND RESILIENCE PROGRAM



THE FOCUS FOR THIS WEEK IS: Key Principles from the CASEA Program



Dear Parents and Guardians,

The BIG MESSAGES that the students have learnt are:

- How to introduce yourself to someone you don't know and the importance of focusing on the person's strengths to make connections.
- Identifying feelings and learning how to manage the emotions so they don't erupt like a volcano.
- The first step when we are feeling angry is to STOP and MOVE AWAY from the situation and use strategies to reduce the feelings of anger. You should find a calming down space to help you calm your, body down and find a relaxation strategy that works for you.
- Use **STOP**. **THINK** and **DO** to manage ourselves and solve problems.
 - STOP: This involves not reacting immediately and using a calming down strategy so that you do not erupt like a volcano.
 - THINK: This involves seeing the problem from other people's viewpoints and THINKING about the many possible solutions and the consequences for each before they act.
 - o **DO:** This involves choosing the best solution and acting upon it to help fix the problem. In selecting a strategy to fix the problem students need to think about how they feel, and others might feel if that solution was selected.
 - There are basic ways children may respond to problems, but the most effective way is the COOL WAY.
 - An Assertive Response (COOL WAY) to problem solving usually involves people standing up for themselves in a firm but friendly way.
 - o A Passive Response (WEAK WAY) where children are fearful and let others give them a hard time or agree to things they really don't want to do.
 - An Aggressive Response (AGGRO WAY) tends to escalate the conflict and often results in. injury or property damage and loss of self-esteem.
- There are five steps involved work students work together to negotiate an outcome that is fair for everyone.
 - Say what you want.
 - Listen to what the other person wants.
 - o Think of some ways that you can both get what you want.
 - o Remember that you don't always get everything you want.
 - Compromise and pick the one fair way where you both get some of what you want.

Family Activity

Please discuss the strategies that your children have learnt through the BounceBack and CASEA programs and PRAISE your child when you see them using the strategies.

Finally, I would like to wish you all a very safe, healthy and happy festive season. I look forward to continuing our partnership next year and developing socially and emotionally resilient students.

Warm Regards,





STEP UP SESSIONS

Dear Parents and Guardians,

In preparing a smooth transition from one year level to the next, the school organises two STEP UP SESSIONS where students spend time with different groups of students in the learning space area they will be in the following year.

The dates for the two STEP UP DAYS were:

- 1. Thursday 8 December
- 2. Monday 12 December

During these sessions students were placed in different groups from their current home group and participated in wellbeing games and learning opportunities that focus on cooperation, team building and making new friends. These groups may have changed throughout the transition program and students worked with more than one teacher during the program. Students will be told which student has been selected as their learning buddy, from the list composed by each student.

Then on Tuesday 20 December, your child will meet his/her teacher and classmates in their learning space for 2023.

When your child comes home from school over the next week, please continue to share positive experiences about beginning in a new class next year and the transition program.

Warm Regards,

Lucia Vorpasso

STUDENT ENGAGEMENT AND WELLBEING



Introducing...

Dear Parents and Guardians,

Monmia is a Bucket Filling School! We fill buckets and we don't dip! We use our lid to keep our bucket full and keep the drops in!

I love how the Bucket Fillers Philosophy has been embraced by our school community. I know that we can keep filling other people's buckets and make Monmia Primary School a warm, positive and caring place to be. When we all fill other people's buckets then all community members benefit from these acts of kindness.

There is so much to acknowledge at Monmia Primary School! Here are some 'drops' for you to read.

Remember that when you fill someone else's bucket, you fill yours as well so keep filling buckets, Monmia!

Happy Bucket Filling!

Kind Regards,

Lucia (Assistant Principal - Student Engagement and Wellbeing

Vorpasso

I am a Bucket Filler Ind like to till She has been caught demonstrating the Monmia Primary School value] Acceptance [] Friendliness [] Honesty	I would like to fill	I am a Bucket Filer I would like to the Humaira (3/48) 's bucket by saying: Thank you for being so helpful out in the yard appreciate your kindness. From Hayand (Mrs And) '' He / She has been caught demonstrating the Monmia Primary School value of: [] Acceptance [] Caring [] Friendliness [] Honesty
Eucket Filler I am a Bucket Filler Id like to fill A graph of the company of t	I am a Bucket Filler I would like to fill From He / She has been caught demonstrating the Monmia Primary School value of:	I am a Bucket Filler I would like to iiii From He /She has been caught demonstrating the Monmia Primary School value of: [] Acceptance
Acceptance [] Caring [] Friendliness [] Honesty [] Respect	[] Acceptance [] Caring [] Friendliness [] Honesty [] Respect	[] Friendliness [] Honesty [] Respect [

IMPORTANT DATES FOR THE DIARY

TERM 4

- Friday 9 December School Helper's Morning Tea 11.00am – 11.30 am
- Last day for Canteen lunch orders
- Tuesday 13 December-Year 6
 Orientation Day
- Wednesday 14 December-School Council Meeting
- Thursday 15 December Year 6
 Graduation. 12.30 pm 6.00 pm
- Friday 16 December Pyjama Day whole school
- Monday 19 December- Semester 2 Student Reports- emailed to families
- Special Assembly 3.00 pm
- 5/6 End of Year Excursion
- Tuesday 20 December- Last day of term
 4, dismissal 1.30pm
- Online Orders for Book Packs must be placed.

2023 Dates

- Friday January 27 Curriculum Day (Student Free Day)
- Book Pack Day
- Monday January 30 Curriculum Day (Student Free Day)
- Tuesday January 31 Term 1 Resumes

Year 1-6 Students start at 9.00 am

Year Prep Students start at 10.00 am

Tuesday February 21 – TRIPLE THE FUN!!!!!!!

Annual BE YOU Twilight Getting to know you Picnic 5.00 – 7.00 pm

Family and Friends School COLOUR
Fun Run – Crazy Colour Day

Prep – 2 Colour Fun Run **6.00 pm – 6.20 pm**

3-6 Colour Fun Run **6.25 pm – 6.45 pm**

Presentation of the badges for the Student Leaders 5.45 pm 6.00 pm

■ Tuesday May 23 – School Photo Day

Term Dates

Term 2-

Monday April 24 – Student resume Friday June 23 – Last day of Term 2 Student Finish at 2.30 pm

Term 3 -

Monday July 10 – Students resume

Friday September 15 – Last day of Term 3

Student Finish at 2.30 pm

Term 4-

Monday October 2 – Student resume
Wednesday December 20 – Last day of Term 4
Students finish at 1.30 pm

Wednesday 07st December

Little Ray of giving



ATTENTION PARENTS

It's the festive season again and I'm sure we are all excited, but we need to remember at this time of year that not everyone is as fortunate as us.

Here at Ray White in Taylors lakes we will be hosting a gift drive alongside the salvation army in order to make sure everyone wakes up with a smile on christmas day

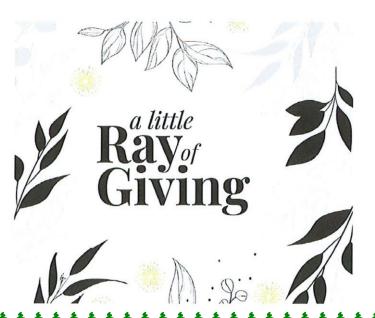
We will be collecting donations of:

- Toys
- Clothes
- Canned foods
- Gift cards ect

We would love for the community to join us, to help those who need a little extra love this christmas.

Make a difference this christmas by donating today

Please drop of Shop 1 shoppers lane Taylors lakes or contact us on 03 9390 9002, for more info feel free to contact your local representative Keely Bryant on 0497 843 252



Everybody deserves to smile this Christmas



MONMIA PRIMARY SCHOOL
- Learn and Achieve -

Monimia primary school supporting Ray white taylors lakes because everyone deserve to recieve a gift this christmas .



School Helpers Morning Tea Friday 9 December 11.00 am – 11.30 am

If you donated your time and helped the school this year, either with our fundraisers, Father's Day and Mother's Day stalls, in the classroom or anything else, in appreciation we would like to thank you.

Please come along to our morning tea.





Dear Parents and Guardians.

We have partnered with Maxim Office Group to ensure a seamless school start for 2023. Packs will be delivered to the school for collection. Book Pack pick up day 27 January 2023 9am-1pm and 2pm-6pm.

If you have any questions, please call Maxim on 1800 25 35 35 and press option 1.

Please note;

Orders must be placed by the 20 December to ensure delivery is on time, ready for collection from the school.

For collection date information, please contact the school office on 03 9364 1007.

- 1. Please follow this link: http://www.maxim.booklists.com.au
- Your access code is: MONMIAPS
 *Please note this is capital sensitive. Please enter code as displayed in screen.
- 3. Select the year level required for order.
- 4. Please ensure that the **student's name**, **your name** and **contact details** are given and correct.
- 5. Select 'Place order'.
- 6. If purchasing more than one booklist, please select 'Add another booklist' and follow the same procedure from step 3.
- 7. Select 'Proceed to payment options'.
- 8. Your total payment amount required will display on screen.
- 9. Select 'Pay Now'.
- Please choose your check-out option Credit/ Direct Debit available. Ensure payment details are correctly entered.
- 11. You will receive a **payment receipt** and an order confirmation to the **email address you provided.**
- 12. Your child's pack/s will be delivered to the school for collection. Book Pack pick up day 27 January 2023 9am-1pm and 2pm-6pm

Many thanks for supporting Monmia PS with the online portal service. Maxim Office Group

STUDENT AWARDS



Jordan B.	For being friendly to everyone and kind.
Sarah B.	For following instructions and school rules.
Louíse Z.	Working hard to achieve her reading goals. Great effort!
Oscar A.	For being a great friend and helper in the classroom.
Díllon S.	For showing an improvement in his reading.
Alícía L.	For being a great learning buddy and helping others with their writing.
Tyler B.	For achieving 300 nights of reading. You are a champion, Tyler!
Sahara S.	For her excellent library borrowing. Well done, Sahara!
Tommy F.	For taking an awesome photo – you have a real eye for it.
Esther W.	For participating in all the activities on camo – amazing!
Katahlaya C.	For the determination she showed in all the camp activities.
Wynd C.	For the bravery she has shown in sharing her thinking in class.
Alex M.	For being super brave at camp.
Anna L.	For trying out all activities at camp. Super brave.
	Sarah B. Louise Z. Oscar A. Dillon S. Alicia L. Tyler B. Sahara S. Tommy F. Esther W. Katahlaya C. Wynd C. Alex M.

5/6B	Baíley C.	For being a supportive teammate during all camping activities. Thank you for showing kindness Bailey.
	Phoeníx D.	For having a positive attitude on camp and showing enthusiasm during all activities.
Performin g Arts	Gurbaaz S. 3/4B	For trying his best in all Performing Arts tasks and always showing enthusiasm while learning.
	Max N. 3/4A	For excellent effort with your work this week. Well done!
STEAM	Nídal C. 3/4B	For making great choices in STEAM. Well done, Nidal!
	Ayla C. 3/4A	For always bringing a positive mindset to STEAM.

ABSENCES

If your child is absent, please update Sentral, ring the office or send through an email message so we can update our records. It is important that we have a reason for each absence.

SCHOOL ATTENDANCE IS EVERYONE'S BUSINESS

EVERY CHILD DESERVES AN EDUCATION

YOUR CHILDREN NEED YOUR H WELL AT SCHOOL, YOU CAN HELP BY:



Ensuring children get a good night's sleep and get ready for school in the morning



Getting children to school every day

Asking questions to find what your child likes about school



Talking about how school can be fun

Talking about going to school every day and how it helps children reach their dreams.



VERY DAY THEY MISS ADDS UP!

3 days a week

Skip 4 days a week

Skip 5 days a week

Miss 10 Years

Skip 1 day a week

2 days a week

Miss 5 Years

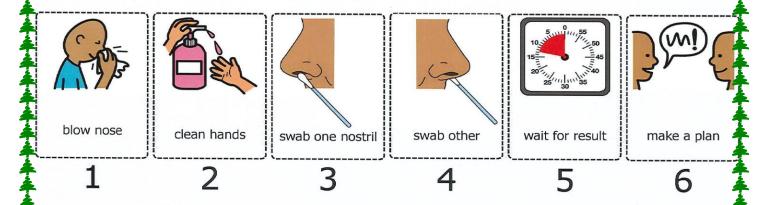
Miss 7 Years

Miss 3 Years

Miss 12 Years



Rapid Antigen Test <u>Using a Nasal Swab test</u>



Note: Always follow manufacturers instructions. Visual schedule is for support purposes only.

Test at home if your child fells unwell or has any symptoms.



For quicker, hassle-free school payments, try Qkr! today

Introducing Qkr! (pronounced 'quicker') by Mastercard, the secure and easy way to order and pay for school items from your phone at a time and place that suits you.

With Okr you can:

- Pay for a variety of school items;
- See your receipts on the app and get them sent by email if required.



Getting started is easy - try it yourself today

Step 1 Download Qkr!

on your Android phone or iPhone, iPad users can download iPhone app





Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our school

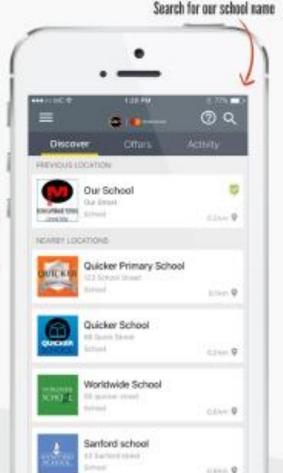
Our school will appear in 'Nearby Locations' if you're within 10kms of the school, or search for our school by name.

Step 4 Register your children

When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them. If you have made a purchase you can select our school from 'Previous Location'



If you're within 10 kms of the school, you can select our school from 'Hearby Locations'





Add your children's details in Student Profiles







Purchase school items









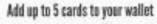
Select your items

Tap 'Checkout'

then confirm and pay

Making payments







At checkout select which card to pay with.

Pay with any cards accepted by the school.

Once your payment is approved you can continue to the home page, or view your receipt.





Empowering parents to track their child's education



Monmia Primary School uses the platform Sentral to engage with parents. The Sentral for Parents App allows families to:

- View academic reports
- Message your child's classroom teacher
- View school documents
- View school newsletters
- Explain past and upcoming student absences
- View calendar events
- Student Led Conferences
- As well as receive real-time notifications and messages from the school or your child's classroom teacher.

How to Access:

- 1. Download the 'Sentral for Parents app.
- 2. Search for Monmia Primary School.
- 3. Click **Register here** to register a new account. You will receive a verification email which MUST be verified in order to continue.
- 4. Once verified, log back into the app and enter your access key. If you did not receive, please contact Daniela in the office to provide you with your personal access key.