Health and Physical Education Policy



Monmia Primary School

This policy was last presented to School Council in: October, 2022 School Council President: Amanda Deakin

R	ot	10	'n	2	Δ
1 /	αı	ı	"	а	U

The domain of Physical Education plays an important role in enhancing students' health and fitness, support curriculum delivery and contribute to a positive school environment.

Aim

- Promote physical activity and a healthy lifestyle
- Provide the knowledge, understanding, skills and attitudes necessary for successful participation in physical activity
- Provide activities for personal and social growth

Implementation

The Physical Education program will:

- Be based on appropriate learning outcomes as outlined in the Victorian Curriculum
- Provide equal opportunity
- Provide P-2 students to participate in a one hour Physical Education lesson each week
- Provide year 5/6 students to participate in an interschool sport competition
- Provide year 3-6 students participate in a House Athletics Carnival
- Allow selected students from year 3-6 be eligible to participate in district athletics and cross country carnivals
- Provide Prep-2 students to participate in sport specific lessons with funding from Sporting Schools
- Provide the Life Education van visit to students in P-6
- Provide allocated sporting equipment to classes for use during recess and lunchtimes
- Require student to be wearing appropriate footwear during all classes
- Require students participating in Physical Education sessions to be wearing a hat from the beginning of September to the end of April
- Require participation of all students. Students who are unable to participate in Physical Education classes due to injury or illness must provide a note from a parent/guardian.

Interschool Sport to students in year5/6

- All students will compete in two seasons of interschool sport. Each season students will participate in varying sports such as; soccer, netball, football, volleyball, handball, basketball, softball and cricket
- Students must pay the interschool sport levy. This is to cover the bus costs for away games
- Year 6 students are to be given first choice of the sports. They are guaranteed their
 first-choice selection, with the only exception being if there are too many year 6's
 choosing the same sport. If this occurs then a trial will be conducted to select the team.
 Any unsuccessful year 6 students will be placed in their second choice sport
- Year 5 students must provide three sport selections. They are guaranteed to receive one of those three choices
- All students must abide by the School Sport Victoria Code of Conduct. The code of conduct will be made available in the 56CLS

	 Students who do not adhere to the School Sport Victoria Code of Conduct may be suspended for one or more games All students must attend one lunchtime training session per week. If a student does not attend a training session then an appropriate reason (e.g. absence, injury, illness etc.) must be provided to the coach. Failure to provide an appropriate reason may result in the student missing the next match When playing an away game, students must be present at school and then travel on the bus with the rest of the 56PLC.
Evaluation	This policy will be reviewed as part of the school's cyclic review.
Policy Last Reviewed	October, 2018
Consultation	September, 2022
Approved By	Principal
Next Scheduled Review Date	2026