Our Purpose: The Monmia school community is committed to providing innovative programs that Stimulate and challenge each student to develop lifelong learning skills and strategies. We provide a safe, nurturing environment where teachers, students and parents work in an effective partnership. www.monmia.vic.edu.au Phone: 0393641007


Dear Monmia Families,
It has been an amazing fortnight here at our wonderful Monmia.

## HIGHLIGHTS OF THE LAST FORTNIGHT

- Thank you, Daniela and Heidi, for organizing the schools' photos last Tuesday week. Everything went smoothly and all the children looked terrific in their school uniforms.
- Thank you to Lucia Vorpasso and all staff who contributed to an effective evacuation drill on Tuesday 23 May.
- Thank you to Stevie West and Jane Coleman for organizing and assisting at Sydenham Cross Country on Wednesday. Congratulations to Nicholas (Year 6) who went on to the next level on Wednesday 31 May.
- Thank you to all the teachers who are devoting many hours to preparing the student June Reports. On Wednesday 31 May the teachers had a professional practice day to work on the reports.
- The Education Support staff, volunteers, Administration Staff and Principal Class used Wednesday to start packing up each office area. The Administration Office (Block A) will be refurbished during Term 3. Thank you to everyone who helped on the day.
- Thank you to the School Improvement Team who prepared and presented our work on Clarity to the Keilor/St Albans Network. Merryn Auld organised interviews of staff and students and created an amazing video to share with our network colleagues. We appreciate the work of Merryn, the Teaching and Learning Leaders, the Instructional Leaders and Vineta Mitrevski who was the driving force behind this work.
- Staff were able to have a walkthrough the STEAM Learning Centre yesterday and were very impressed with the spaciousness and have awesome this space will be for Science/Technology and Performing/Visual Arts.
- Foundation students successfully transitioned into their new learning space with their teachers Natalija Caridi and April Feng. They are all loving their new places to explore. Thank you to Natalija, April, Lucia, Leanne, Sitwat, Samantha, Teresa and Stephanie for all helping making it a smooth move for the children.


## HERE ARE SOME IMPORTANT MESSAGES FOR THE COMING FORTNIGHT

- By the end of next week, the administration staff and principal class will have moved into new locations for Term 3. Daniela and Heidi will have moved into the Community Room. Access to the school will be through the Willys Avenue gate (Gate 4). The Copernicus Way Gate 3 will be closed.
- Lorraine Bell will be located in the Staff PL Room. Lucia Vorpasso in the Library Office. Vineta Mitrevski will be located in the IT Lab.
- First Aid will be housed in the Community Room.
- Please continue to look out for communication from the school to home via SENTRAL SMS messaging. It is important that families make a habit of reading these as they come through.
- Any notices that go home on green paper requires that note to be returned to school. Please organise a system with your child so you receive the notices and communicate effectively between the school and home.
- Monday 12 June is a public holiday for the King's Birthday.


## STUDENT HEALTH \& WELLBEING

Many children are coming to school with cold and flu symptoms. One day we had up to 6 students in the First Aid room who were not feeling well. We ask that all families please keep sick children home. We know that viruses can spread quickly among students and also infect our teachers and staff.
Please encourage your children to:

- wash and sanitise their hands regularly
- avoid touching their eyes, nose and mouth with unwashed hands
- cover their nose and mouth when they cough or sneeze
- stay home if unwell and consult your GP or Nurse-on-call as required
- stay up to date with their flu and COVID-19 vaccinations.

We have COVID tests available for free to assist families to test for COVID. If a child tests positive for COVID, it is recommended they stay home for 5 days.
Thank you for your assistance in keeping everyone safe and well.

Warm Regards,

Principal


## FOUNDATION 2024 NOW ACCEPTING ENROLMENTS

Do you have a child who is turning five by April 2024?
Do you know of a relative or friend who has a child who is ready to start school next year?
Make sure you pick up an enrolment pack from the office to secure a place in our Foundation classes for 2024.

## IMPORTANT DATES FOR THE DIARY

| TERM 2 | Term 3 |
| :---: | :---: |
| Friday June 9 <br> - Payment Due 1/2 Excursion Bundoora Park <br> - Payment Due: Issue 4 Book Club Orders <br> Monday June 12 <br> - Public Holiday -King's Birthday (No School for students). <br> Friday June 16 <br> - 1/2 Excursion Bundoora Park Farm <br> Friday June 23 <br> - Last day of Term 2 <br> Students (Early Finish at 2.30 pm ) | Monday July 10 <br> - Students resume. <br> Tuesday 1 August <br> - Curriculum Day- Pupil Free (No School for students) <br> Friday September 15 <br> - Last day of Term 3 (Early Finish at 2.30 pm) |
| Term Dates <br> Term 2- <br> Monday April 24 - Student resume <br> Friday June 23 - Last day of Term 2 <br> Student Finish at 2.30 pm <br> Term 3 - <br> Monday July 10 - Students resume. <br> Friday September 15 - Last day of Term 3 <br> Student Finish at 2.30 pm <br> Term 4- <br> Monday October 2 - Student resume <br> Wednesday December 20 - Last day of Term 4 <br> Students finish at 1.30pm | CURRICULUM DAYS- Pupil Free <br> Term 3 <br> Tuesday 1 August - Curriculum Day- No school for students |

CASEA PROGRAM

## SPOTLIGHT ON SOCIAL \& EMOTIONAL LEARNING

(SEL)

THE SOCIAL \& EMOTIONAL LEARNING SKILL FOR THIS WEEK IS FROM THE:<br>[ $V$ ] BOUNCEBACK PROGRAM<br>[ ] RESILIENCE, RIGHTS \& RESPECTFUL RELATIONSHIPS PROGRAM<br>[ ] RCH CASEA PROGRAM

THE SCHOOL-WIDE FOCUS IS: PUT DOWNS ARE NOT OKAY

Dear Parents and Guardians,

## PUT-DOWNS ARE NOT OKAY!

A put-down is a deliberately mean, sarcastic or critical comment, expression or gesture that tries to make someone look bad or silly or tries to damage the reputation or the self-esteem of another person. If you are the subject of a put-down there can be short and long term effects on you. Using put-downs can often be disguised as a joke or excused by saying, "I was only joking".
There is a major difference between and put-down and a joke.

- A joke is funny and everyone laughs.
- A put-down is when someone is not laughing because they have been hurt by the disguised 'joke'.

It is very important to remember that if everyone isn't laughing then it is not a joke!
Using put-downs is a serious antisocial act and does not have a place in a Bully Free School. When we use put-downs that means we are emptying someone's bucket. If you hear a put-down please remind the person that Monmia Primary School is a PUT-DOWN FREE ZONE! Remind them that at Monmia Primary School we fill people's buckets, not empty them! This way you will be an active bystander trying to eliminate bullying from our community, helping yourself and helping a buddy.

Warm Regards,

## Lucia Vorpasso

Assistant Principal - Student Engagement and Wellbeing
 RESILIENCE
RIGHTS \&
RESPECTFU RESPECTFUL
RELATIONSHIPS

CASEA PROGRAM

# SPOTLIGHT ON SOCIAL \& EMOTIONAL LEARNING <br> (SEL) 

THE SOCIAL \& EMOTIONAL LEARNING SKILL FOR THIS WEEK IS FROM THE: [ V ] BOUNCEBACK PROGRAM [ ] RESILIENCE, RIGHTS \& RESPECTFUL RELATIONSHIPS PROGRAM [ ] RCH CASEA PROGRAM

## THE SCHOOL-WIDE FOCUS IS: ACTIVE BYSTANDERS CAN HELP STOP BULLYING

Dear Parents and Guardians,
Dear Parents and Guardians,

## Bullying is everyone's problem.

We all have to work together to make sure that nobody gets bullied. Bullying is an expression of power and thrives on an audience. Bullies frequently assert their superiority before an audience called bystanders. Bystanders can be part of the problem because they reinforce the bully's behavior by their laughter or their silent acknowledgment of the bully's power.
Bystanders can help stop Bullying. Here are important points to remember

- If you don't do anything to help someone who is being bullied and bully someone too, then you have made a bad decision.
- You can't blame other people for your bad choices.
- Even if you take part in the smallest way by laughing you will be part of the problem. It is not OK to say "someone else started it" or "someone else made me do it" or "everyone else was doing it too".
- If you are a bystander and choose not to do anything to stop it, then you are guilty of hurting that person as well.
- Bystanders should show disgust and find the courage to tell the person that what they are doing is wrong and mean and that they should stop it.


## Let the teacher know if someone is being bullied.

If you know that another child is being bullied, then the responsible thing to do is to ask a teacher for help. This is not dobbing, but it is being very helpful. By telling a teacher, you are trying to help someone who is in trouble. It takes courage and kindness to do this for someone. Teachers need to know about bullying so that they can help the person being bullied and counsel the person doing the bullying so the behaviour stops. Even if only one person reports bullying, this can make a big difference in making sure everyone feels safe and happy.

## Family Activity

Please discuss the important role of the bystander with your child and discus what he or she will do if they see or hear bullying happening.

Warm Regards,

## Lucia Vorpasso

Assistant Principal - Student Engagement and Wellbeing


CASEA PROGRAM

# SPOTLIGHT ON SOCIAL \& EMOTIONAL LEARNING <br> (SEL) 

THE SOCIAL \& EMOTIONAL LEARNING SKILL FOR THIS WEEK IS FROM THE:<br>[ $\vee$ ] BOUNCEBACK PROGRAM<br>[ ] RESILIENCE, RIGHTS \& RESPECTFUL RELATIONSHIPS PROGRAM<br>[ ] RCH CASEA PROGRAM<br>THE SCHOOL-WIDE FOCUS IS: TYPES OF BULLYING?

## Dear Parents and Guardians,

It is important to know what bullying is and what it is not.
Last week we looked at the definition of Bullying and noticed that there are four main points:

- It has to be deliberate
- It has to happen more than once
- It can involve one person or a group of people
- There is an imbalance of power in incidents of bullying

This week I would like to explore each of the types of Bullying in greater detail.

## 1. Direct physical bullying

- hitting, tripping, pushing someone
- hiding or damaging someone's property, drawing on someone's work
- forcing someone to hand over their belongings

2. Direct verbal bullying

- name calling, insults, 'put down' comments
- making racist remarks
- disguising an insult by saying "It was only a joke"

3. Indirect bullying - this form of bullying is harder to recognise and often carried out behind a person's back. It is designed to harm someone's social reputation and/or cause humiliation. Indirect bullying includes:

- lying and spreading rumours
- playing nasty jokes to embarrass and humiliate
- mimicking them
- encouraging others to socially exclude someone
- damaging someone's social reputation and social acceptance

4. Cyber-bullying, which involves the use of technologies such as the use of email, text messages, chat rooms, Facebook or Twitter to humiliate and distress a person. It can be verbal (over the telephone or mobile phone), or written (threats, racial comments) or graphic (sending photos, attaching images to statements).

## Family Activity

As a family discuss that none of these forms of bullying is acceptable. Create a BULL YING...NO WAY poster. I would love to put some of the posters made at home around the school.

Warm Regards,

## Lucia Vorpasso

Assistant Principal - Student Engagement and Wellbeing


# SPOTLIGHT ON SOCIAL \& EMOTIONAL LEARNING 

THE SOCIAL \& EMOTIONAL LEARNING SKILL FOR THIS WEEK IS FROM THE:<br>[ V ] BOUNCEBACK PROGRAM<br>[ ] RESILIENCE, RIGHTS \& RESPECTFUL RELATIONSHIPS PROGRAM [ ] RCH CASEA PROGRAM

## THE SCHOOL-WIDE FOCUS IS: WHAT IS BULLYING?

Dear Parents and Guardians,
It is important to know what bullying is and what it is not.
We often hear the term "bullying" being used, but most of the time it is not used correctly. It is very important to understand what bullying is and what it is not. The Department of Education and Training's definition is:
'Bullying is when someone, or a group of people, deliberately upset or hurt another person or damage their property, reputation or social acceptance on more than one occasion. There is an imbalance of power in incidents of bullying with the bully or bullies having more power at the time due to age, size, status or other reasons'.

Bullying can take many forms:
5. Direct physical bullying

- hitting, tripping, pushing or damaging property

6. Direct verbal bullying

- name calling, insults, 'put down' comments and racist remarks

7. Indirect emotional bullying It is designed to harm someone's social reputation and cause humiliation. Indirect bullying includes:

- lying and spreading rumours
- playing nasty jokes or mimicking to embarrass and humiliate
- encouraging others to socially exclude someone
- damaging someone's social reputation and social acceptance

8. Cyber-bullying

Involves the use of technologies such as the use of email, text messages, chat rooms, Facebook or Twitter to humiliate and distress a person.

It's NOT bullying if students just have an argument or if someone says or does just one nasty thing to someone else. This is considered an incident and will be managed in accordance with the school's Student Management Process.

Warm Regards,

## Lucia Vorpasso

Assistant Principal - Student Engagement and Wellbeing


CASEA PROGRAM

# SPOTLIGHT ON SOCIAL \& EMOTIONAL LEARNING <br> (SEL) 

THE SOCIAL \& EMOTIONAL LEARNING SKILL FOR THIS WEEK IS FROM THE:
[ V ] BOUNCEBACK PROGRAM
[ ] RESILIENCE, RIGHTS \& RESPECTFUL RELATIONSHIPS PROGRAM
[ ] RCH CASEA PROGRAM

## THE SCHOOL-WIDE FOCUS IS: WHAT TO DO IF YOU ARE BEING BULLIED

Dear Parents and Guardians,

## At Monmia Primary School we say "BULLYING...NO WAY!"

There are different strategies that can be used to help yourself if you are being bullied and help others as well. Use your right hand as a memory jogger.

## Finger 1: (Thumb) IGNORE THE BEHAVIOUR

You can choose to ignore the behavior and walk away from the bullying. You might stop looking at them, talk to someone else near you or turn your body away from them. This way you are not giving the bully the attention or power they want.

## Finger 2: AVOID THE SITUATION AND MOVE AWAY

Bullies like to find quiet areas to bully others so no one sees them. Choose to play in areas where there are lots of other students and if you see bullying move away.

## Finger 3: USE POSITIVE SELF-TALK

Using statements that start with the word 'l' boosts your confidence and self-esteem and helps you get through a difficult situation. Use phrases like"I deserve to be treated with respect" and "I know that the rumor being spread about me is not true".

## Finger 4: AN ASSERTIVE RESPONSE (STANDING UP - THE COOL WAY!)

People who look unsure of themselves are often targets for bullying. Using powerful words such as:
PLEASE STOP! I DON'T LIKE IT lets the person who is doing the hurting know that you will not put up with that behaviour. State the behaviour you want stopped and their name when you are responding.

- Stand tall, back straight, look the person in the eye and use a clear, strong voice.
- Say 'I don't like (name the behaviour) so stop it (name the person)'.
- Stay in control of yourself by using words and not physical actions.


## Finger 5: ASK A TEACHER FOR HELP IN SOLVING THE PROBLEM

Try the other strategies first, but if the behaviour does not stop then you must tell a teacher. If you do not, the bullying behaviour will continue and the bully will do it to others as well. By keeping quiet, you are giving the bully power and saying bullying is okay. We need to stop the bullying and help the person get help to stop.

Warm Regards,


## EVERY DAY COUNTS: Routines are essential!

Are you having problems getting your child to school?
Perhaps he/she:

- will not get out of bed in the morning and will not go to bed at night
- cannot find their uniform, books or school bag.
- eats their breakfast too slowly
- has not completed their homework
- spends too much time watching TV in the morning.

If so, speak about school positively and set home and school routines to help

- have a set time to go to bed and to get out of bed
- have the uniform and school bag ready the night before
- have a set time for starting and finishing breakfast
- set a time for daily homework tasks
- be firm and send your child to school every school day.

Lucia Vorpasso Assistant Principal: Student Engagement and Wellbeing



## Book Club

Book Club Issue 4.
Orders Due tomorrow Friday 9 June.

## FAMILY \＆FRIENDS NEWSLETTER



## 2 nd $^{\text {nd }}$ Hand School Uniform Shop

If your child needs more school apparel，please remember that you can purchase second hand uniforms for a fraction of the price：

Polo tshirts／School dress－\＄2
Jackets／jumpers－\＄5
Shorts／Pants／Skorts－\＄1
School Bag－\＄5 Hat－\＄1

How？Contact the school office or contact any of the Family \＆Friends committee members．

Join us at the next meeting！

Date： $15^{\text {th }}$ June 2023
Time： 9.15 am
Venue：TBD
 FUNDRAISING


LETS RAISE SOME DOUGH！

Thank you for your support！
We are looking forward to delivering the donuts to you next week！

Coming in Term 3．．．． $17^{\text {th }}$ July Pie Drive with


Father＇s Day Stall $31^{s t}$ August


Foo§y／S［2ores ○ひ伦（f กセை｜Form ป $\underbrace{\text { en }}$ September


## STUDENT AWARDS



Sebastian $\mathcal{F}$.
Evie $\mathcal{N}$.
$\mathcal{A}$ Clīyah $\mathcal{B}$.
Kataleíya $\mathcal{R}$.
Louise Z.
Kayden $\mathcal{L}$.
Víctoría $\mathcal{F}$.
Brandon $\mathcal{H}$.
$\mathcal{M a y a} \mathcal{B}$.
Tommy $\mathcal{F}$.
Lotu $\mathcal{T}$.
$\mathcal{A} n n a \mathcal{A}$.
Lucky $\mathcal{H}$.
Habiba $\mathcal{E}$.
Caroline $\mathcal{T}$.

For talking about the connections, you make to stories and characters.
For saying words slowly and thinking about vowel sounds.
For her great contributions to class discussions. We love your ideas!
For making good attempts with her reading. Good work!
For being a friendly and helpful classmate demonstrating our school values.

For being a role model during independent reading time.
For creativity during our poetry lesson. Keep it up!
For always putting in $100 \%$ effort in all areas. Well done!

For her precise reading of the play 'The Hare and the Tortoise'
For using his IT knowledge to assist his peers with coding.
For your good attitude and persistence to complete all tasks.
For your determination to catch up on work and complete tasks.
For settling in well to the classroom and making friends.
For always participating in class discussions and trying her best. Well done!

For working extremely hard in reading to achieve excellent results.

Saad $\mathcal{R}$. For outstanding reading growth in PAT.
Jessica $\mathcal{T}$.

Elijah C.

Thomas $\mathcal{K}$

Performing
Aríana $\mathcal{L}$.
Arts
Dylan $\mathcal{D}$.
$\mathcal{N}$ icholas $\mathcal{B}$.

For showing greater confidence and using all her reading strategies during an assessment.

For taking the time and effort to create an amazing sequencing project.
For her fantastic effort and focus in STEAM class.
For his help to repair a broken workpiece in STEAM.
For always working hard and being respectful in the Performing Arts. Well done!

For your excellent effort in Performing Arts this week. Well done, Ariana!

For being such a hard worker and a fantastic performer. Well done, Dylan!

For working extra hard on his performance. Well done, Nicholas!

## Your OSHC.

# Incursions this term 



Join us this term for fun, engaging, physical and educational incursions in After School Care at Monmia Primary School To enrol your child into the incursion at no extra charge than their regular session fee, make sure you book the After School Care program before the date of the

# When: Wednesday the $07^{\text {th }}$ \& $14^{\text {th }}$ of June 4:00pm-4:45pm 

 What: Auslan learning our ABC's
## Who: For all children booked into After School Care

## Register for Your OSHC

Once registered, you'll be able to easily make and manage your bookings online via our Parent Portal.

## Register now

## Child Care Subsidy (CCS)

The Child Care Subsidy can provide up to $85 \%$ off your fees. Your eligibility is determined by your family's annual adjusted taxable income, the type of childcare you use, and your activity level. To find out if you're eligible, contact Centrelink on 136150.


PRE-ORDER VIA THE Qkr! App
~ORDERS MUST BE SUBMIITED BY 8:3OAM THE SAME DAY~


## Yoghurt Granola Pots $\$ 5.00$

## SANDWICHES/WRAPS/ROLLS:

Chicken Snitzel,Lettuce, Cheese $\$ 6.50$
Cheese, Salad \$5.00
Chicken,Lettuce, Cheese $\$ 6.00$
Tuna,Lettuce, Mayo \$5.50
Salami,Salad \$6.00
Salad \$4.50
Ham,Salad \$6.00
Egg, Lettuce, Mayo \$5.50

## TOASTIES:

Tomatoe and Cheese $\$ 4.00$
Salami and Cheese $\$ 4.50$
Ham, Cheese Tomatoe $\$ 5.00$
Ham and Cheese \$4.50
Cheese \$3.00

## HOT FOOD ITEMS:

Tomatoe Sauce Satchet .30c ea
Vegetable Pastie $\$ 6.50$
Hot Dog \$4.50
Hot Roast Chicken Wrap $\$ 6.50$
Quiche Lorraine $\$ 6.50$
Penne Bolognaise $\$ 6.00$
Jumbo Sausage Roll \$6.50
Halal Hot Dog \$5.50
Chicken Tender Wrap $\$ 4.50$
Chicken Snitzel Burger \$6.50
Beef Pie $\$ 6.50$
Beef Burger \$6.50

## SUSHI-TWIN PACK:

Prawn Sushi
Crispy Chicken
Cooked Tuna
Chicken Teriyaki
$\$ 8.00$ for the twin pack

## SLICE BITES- Cubes

\$3.00 each, flavours are on rotation

## FOCCACIA'S:

Salami,Cheese,Tomatoe $\$ 6.50$
Ham,Cheese,Tomatoes \$6.50
Chicken, Cheese,Avocado \$7.50
Ham and Cheese Croissant \$5.50

Greek Salad \$6.50
Chicken Snitzel Salad \$7.00
Please Note-
As we head into Winter we will be offering

* Fried Rice
* Pizza Slices
* Roast Chicken \& Chips
*Fettuccine Carbonara
masterpass
For quicker, hassle-free school payments, try Qkr! today

Introducing Qkr! (pronounced 'quicker') by Mastercard, the secure and easy way to order and pay for school items from your phone at a time and place that suits you.

With Qkr you can:

- Pay for a variety of school items;
- See your receipts on the app and get them sent by email if required.



## Getting started is easy - try it yourself today

## Step 1 Download Qkr!

on your Android phone or iPhone. iPad users can download iPhone app

Step 2 Register
Select your Country of Residence as
'Australia' and follow the steps to register

## Step 3 Find our school

Our school will appear in 'Nearby Locations' if you're within 10 kms of the school, or search for our school by name.

## Step 4 Register your children

When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them.

If you have made a purchase you can select our school from 'Previous Location'


If you're within 10 kms of the school, you can select our school from 'Nearby Locations'

Search for our school name


Add your children's details in Student Profiles


## Purchase school items



## Making payments Add up to 5 cards to your wallet



At checkout select which card to pay with.

Pay with any cards accepted by the school.

Once your payment is approved you can continue to the home page, or view your receipt.

## Respectful Relationships




Standing strong against family violence


Family Violence Response Centre
1800015188

ps://www.queerspace.org.au

1800RESPECT
NATIONAL SEXUAL ASSAULT, DOMESTIC
FAMILY VIOLENCE COUNSELUNG SERVICE 1800737732


VICTDRIAN ABDRIGINAL
HEALTH SERVICE
Fitzroy- 94193000
Epping - 85923920
Preston-9403 3300

Look no further than the Australian Girls Choir because we encourage, challenge and inspire girls as they learn to sing, dance and perform.

## Join us at our JUNE OPEN DAY

Girls blossom as members of the AGC, both on and off the stage. Your daughter will develop confidence, public speaking and presentation skills, resilience and friendships that will last a lifetime.
Our senior performers have shared the stage with a long list of artists including Hugh Jackman, Amy Shark and Kylie Minogue. We are proud to have represented Qantas for 25 years in the iconic 'I Still Call Australia Home' advertising campaigns and at hundreds of live events.
Now accepting Semester 2 enrolments for our rehearsal venues in Now accepting semester 2 enroments for our rehearsal venues in Berwick, Box Hill, Caulfield North, Cheltenham, Essendon, Glen Waverle
Greensborough, Heidelberg, Ivanhoe, Kew, Ringwood and Yarraville.


## Joln us at our JUNE open day

Register now at ausgirlschoir.com.au/joinagc or phone 0398596499

