DATE: THURSDAY 12 OCTOBER 2023

ISSUE 18

Our Purpose: The Monmia school community is committed to providing innovative programs that Stimulate and challenge each student to develop lifelong learning skills and strategies. We provide a safe, nurturing environment where teachers, students and parents work in an effective partnership. www.monmia.vic.edu.au Phone: 03 9364 1007







MONMIA MESSENGER

- Learn and Achieve -

Dear Monmia Families,

HIGHLIGHTS OF THE LAST FORTNIGHT

- STEAM Collaborative Learning Centre is looking amazing with the perforated panels installed on 3 sides. The Willys Avenue entrance is transforming the look of the school into a modern and inviting walkway into Monmia. We cannot wait until we officially open this incredible learning centre in November.
- Such a buzz of excitement from the Year 3-6 Campers who spoke enthusiastically about their experiences with the Giant Swing, the Flying Fox and so many other activities. I believe the staff were cheered on by the children as they tried the activities as well. Congratulations and thank you to Lisa Tate, Merryn Auld, Regina Koen, Jane Coleman, Bethany Buijs, Leanne Anderson, Sitwat Jaffri, Jackson Smith and Ethan Broome who organised and attended this Day Camp.
- Thank you to all our staff and students who showed great resilience and patience during two days of wet weather last week.

SAFETY AROUND SCHOOLS

Please be aware that you could be fined if you:

- Double park by stopping next to a legally parked vehicle even for a short time or to drop off or pick up passengers.
- Stop or park across a driveway, footpath or dividing strip, except when picking up or dropping off passengers.
- Stop or park within 10 metres of an intersection or corner that doesn't have traffic lights.
- Stop in, or park across, a bus zone.

Help us keep everyone safe especially when picking up and dropping off from Willys Avenue.

BE YOU

As part of the Monmia school community, you belong to a Be You school. We are proud to announce that Monmia is a Be You Learning Community and we have been for many years. This means that we have made a commitment to develop our staff's mental health literacy to build the foundations of lifelong mental health and wellbeing in our children and young people. Be You is the national mental health in education initiative, delivered by Beyond Blue and headspace in schools and Beyond Blue and Early Childhood Australia in early learning services. Be You supports our staff to develop a positive, inclusive, and responsive learning community where every child, young person, staff member and family can achieve their best possible mental health If you want to know more about Be You at our school, please reach out to Lorraine Bell, Lucia Vorpasso and Vineta Mitrevski. Together, we can grow Australia's most mentally healthy generation. Your children learn about developing resilience through the school's Bounce Back program.

Enjoy the rest of your week,

Warm Regards

Principal

Lovaine Roll



SCHOOL ORGANISATION FOR 2024

School planning for 2024 is about to start. If you have a child who turns five before 30 April 2024 and you have not enrolled them, please do so as soon as possible. The prep enrolments will determine the number of Prep classes we will need. Also, if you are planning to leave Monmia please complete the form attached to this newsletter. This will also help us to plan the number of classes at each year level for the rest of the school. School enrolment numbers determine the number of staff we will have for 2024.

Please spread the word with your friends and family if they too have a school age child ready to commence in 2024. Parents/Guardians can contact the office for an appointment to collect an enrolment form or a soft copy can be emailed to you.

If your family is leaving Monmia please complete the following form and return as soon as possible via email to monmia.ps@education.vic.gov.au

Planning for 2024 School Year is now underway.

Child's Name:	
Child's Year Level in 2023:	
New School in 2024:	
Reason for transfer:	



A message from the Junior School Council President:

Hí, my name is Alexander, and I am the president of the Junior School Council. Here is the idea we created to clean up our school and keep it clean.

- There will be a competition held every fortnight for the cleanest area outside the CLS's. They will win a prize if their area is the cleanest and having a competition will help keep clean the area. The Junior School Councillors will check the space to see who has the cleanest outdoor area.

IMPORTANT DATES FOR THE DIARY

Term 4

Thursday 12 October

Family & Friend Meeting @9.15am in the staffroom

Thursday 19 October

■ Multi-Cultural Lunch 12.00 pm – 1.30 pm

Friday 20 October

Book Club- Payment and order due

Friday 27 October

World Teacher's Day

Tuesday 31 October

Halloween Out of Uniform Day

Wednesday 1 November

Information Evening for Foundation families
 - 6.00pm - 7.00pm

Thursday 2 November

Payment due: for Melbourne Zoo Excursion

Thursday 9 November

- Foundation Orientation Session 1- 9.30am-11.00am
- Foundation Melbourne Zoo Excursion

Thursday 16 November

Foundation Orientation Session 2 – 9.30am
 – 11.00am

Thursday 23 November

Foundation Orientation Session 3 – 9.30am
 – 11.00am

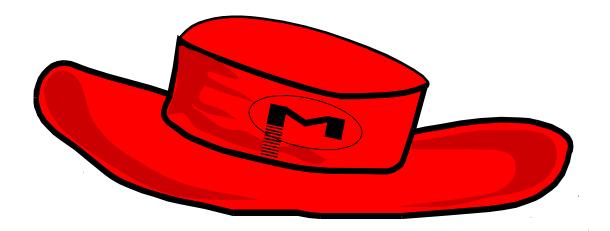
Wednesday 13 December

Christmas Hamper Raffle

Wednesday 20 December

Last day of Term – Early Finish @ 1.30 pm

NO HAT



NO PLAY

Mid-August until the end of April

Please wear a Monmia Primary School Wide Brimmed or Legionnaire Hat when outside to keep your skin safe.



ATTENDANCE & PUNCTUALITY TO BE AWAY

EVERY DAY COUNTS:

A culture of attending school every day!

Modelling that attending school every day and on time is the most effective way to demonstrate to your child that you value education.

Make sure your child:

- attends school on ALL school days when they are well
- is on time every day for the morning routine
- remains at school for the whole school day.

Make sure you:

- provide the school with an explanation or medical certificate if your child is absent
- contact the school if your child does not want to go to school
- arrange doctor and dentist appointments out of school hours
- arrange personal shopping trips or birthday celebrations out of school hours
- do not allow your child to stay at home for minor reasons.

Lucia Vorpasso

Assistant Principal: Student Engagement and Wellbeing





Congratulations to the following 30 students who achieved a 100% attendance record for Term 3 2023!

YEAR FOUNDATION STUDENTS						
Cleo I PRB	AMITEJ S PRA	GRACE T PRB				
YEAR 1/2 STUDENTS						
BRANDON H 1/2B	DILLON S 1/2B					
YEAR 3/4 STUDENTS						
OSCAR A 3/4B	ALETEIA A 3/4A	KIARA C 3/4B	LEON C 3/4C	ISABELLA D 3/4A		
LINDSEY E 3/4A	STEPHANIE T 3/4C	ANSON T 3/4C	VALERIA AM 3/4A	DAVON A 3/4A		
CINDY N 3/4C	LYDIA P 3/4A	AURORA P 3/4B	DIAZ S 3/4A	JANO V 3/4A		
YEAR 5/6 STUDENTS						
STORME D 5/6B	LUCAS P 5/6B	ALIYAH R 5/6A	JESSICA T 5/6B	AMAR B 5/6B		
JAYLA R 5/6B	SAAD R 5/6A	DION S 5/6A	AASHNA S 5/6B	CAROLINE T 5/6A		

Congratulations to the many students who received a 100% attendance record in Term 3.

Warm Regards,

Lucia Vorpasso

Assistant Principal: Student Engagement and Wellbeing







SPOTLIGHT ON SOCIAL & EMOTIONAL LEARNING (SEL)

THE SOCIAL & EMOTIONAL LEARNING SKILL FOR THIS WEEK IS FROM THE:
[v] BOUNCEBACK PROGRAM
[] RESILIENCE, RIGHTS & RESPECTFUL RELATIONSHIPS PROGRAM
[] RCH CASEA PROGRAM

THE SCHOOL-WIDE FOCUS IS: GOAL SETTING

Dear Parents and Guardians,

It is important to have goals because when you achieve a goal you feel happier and more successful. The **STAR** statements help you to remember the important messages about achieving your goals and achieving success.

Stick with it and don't give up.

 $oldsymbol{T}$ hink about yourself. What are you good at? How do you know?

Always make a plan.

Remember to try hard, work hard and have a go.

S - Stick with it and don't give up.

When something is hard, keep on trying at it. Stick to your plan and don't give up. If things get in the way, find another way to solve the problem or try something new. Mistakes help you learn. Mistakes are useful because you can learn from them, even if you don't feel happy when you make them.

T – Think about yourself. What are you good at? How do you know?

Using your strengths help you to achieve your goals. Your strengths can be personal strengths, such as being kind and brave or ability based strengths such as being good at something. No one is good at everything but you need to know what you are best at. Remember that some things may seem hard when you first try but as you get older and keep working at something, you get better.

A – Always make a plan.

To achieve your goals, you need to make a plan before you start. A plan helps you decide the best ways to do things and can change if it is not helping you with your goals.

R- Remember to try hard, work hard and have a go.

Even if something is hard to do, take a responsible risk and try to do it again and give it your best try. You can't be successful if you don't try. It is also important to understand that even if you try really hard, you aren't always successful. If you have a problem, don't give up but look at different ways to solve the problem.

Warm Regards,

Lucia Vorpasso

Need and Need logather

Assistant Principal - Student Engagement and Wellbeing







SPOTLIGHT ON SOCIAL & EMOTIONAL LEARNING (SEL)

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THE SCHOOL-WIDE FOCUS IS: LOOKING ON THE BRIGHT SIDE

Dear Parents and Guardians,

What kind of thinker are you?

Do you mainly see the glass half full or do you mainly see the glass half empty?

It is good to look on the bright side of things and see the glass half full.

Looking on the bright side means that you are positive and expect that things will work out well. It means that you think good things can happen so you try harder and do not give up easily. It also means that you appreciate all the good things in your life and not focus on the negative things.

Be a positive tracker and look for the good things.

A positive tracker is someone who always tries to look for the good things in themselves, in others and in what happens in their life. Positive trackers have happier lives and happier feelings. They tend to cope better with negative experiences in their lives. They are more fun to be with and people like them more and want to be their friend. They usually smile and laugh and love saying "I CAN"!

A positive tracker is also called 'OPTIMISTIC'!

Some children tend to be naturally optimistic and persistent in the face of obstacles. Others are more sensitive to setbacks and prone to taking things badly. However, you can learn how to be optimistic. Here are some tips:

- Children learn from observing others. If you express optimism, perseverance and resilience in the face of day
 to day obstacles, children around you will learn by example. If you notice that you tend towards pessimism,
 start working on your own thinking. It will pay off for everyone around you.
- Children learn through stories. When children are confronted with a difficult situation in their lives, you can tell
 stories from your own life that emphasizes how you got through a hard time or succeeded despite an initial
 failure.

I hope you found this article interesting and I look forward to any feedback you have.

Warm Regards,

Lucia Vorpasso

Assistant Principal - Student Engagement and Wellbeing





REMINDER Monmia's Annual **Multicultural** Lunch

Dear Monmia Families,

The Multicultural lunch is fast approaching!! We are looking forward to seeing everyone at this special event.

Here are a few things to remember:

- Date: Thursday 19 October 2023 (Week 3)
- Time: 12pm
- <u>All meals/dishes must come with a list of ingredients.</u>
- All meals/dishes to state which country it is from.
- Lunch Orders will **not** be available.
- Your child will not be required to bring lunch from home on this day as there will be lots of food to enjoy, however, children can bring along a sandwich on the day to ensure they have enough food they like to eat for lunch.
- Children can come dressed in traditional attire from your culture.

Bianca Lonigro & Chris Muscat Year 5.6 Classroom Teacher Year 1.2 Classroom Teacher

STUDENT AWARDS



surnuya T. Bílal A.	For showing different ways of making ten using blocks.
	For trying hard to write lower case letters and lots of words.
Míla T.	For making a great effort to blend and segment sounds.
Maxí A.	For showing meaning in his voice to practice reading fluently.
Marwah V.	For showing enthusiasm in her reading and writing and continuing to improve!
Jordan B.	For showing enthusiasm in his reading and writing and continuing to improve.
Jayden T.	For always being focused and finishing his tasks on time.
Katerína T.	For always challenging herself to improve her learning.
Líndsey E.	For asking interesting questions during our First Aid in Schools session.
Alícía L.	For being an excellent participant on our 3-6 Camp. Well done!
Cleo I.	For helping the teacher during our school yard safari.
Erofili T.	For finding lots of animals on our school yard safari.
Brook L.	For giving all the camp activities a great go. Well done, Brook!
Xavíer B.	For doing his best in all subjects he tries and doing his best to participate at camp.
Phoeníx D.	For showing a great understanding of hyperboles and alliteration.
Lene V.	For always willing to help out her teachers and classmates.
	Bílal A. Míla T. Maxí A. Marwah Y. Jordan B. Jayden T. Katerína T. Líndsey E. Alicía L. Cleo I. Erofílí T. Brook L. Xavier B. Phoeníx D.

For correctly identifying the similarities and differences of figurative Sofaía T. language. 5/6BAmar B. For showing a sense of enthusiasm and fun during the 3-6-day camp. Alí B. For being a respectful and responsible leader in P.E. Physical Јасов £. For trying his absolute hardest in every P.E. session. Well done! Education Aylin H. For always being respectful and responsible in P.E. Great job! Lucas P. For outstanding effort in Japanese. Languages -Japanese Amelía B. For outstanding listening and writing in Japanese. Performing Muhammed M. For working on his artwork this week. Well done!

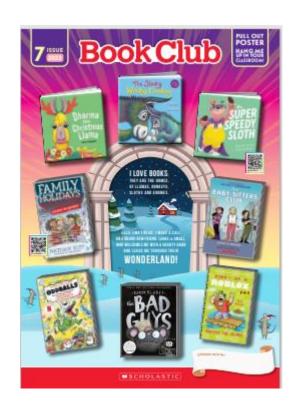
For creating an excellent self-portrait this week. Well done, Leon!

/ Visual

Arts

Leon C.





BOOK CLUB -Issue 7 - Out Now!!!!!!

Orders Due: Friday 20 October



Canteen News!!!!

Our canteen provider Queen Baker has organised a Halloween menu for Tuesday 31 October to coincide with Monmia's Halloween out of uniform day. Check out the QKR App for the menu to order.











FAMILY & FRIENDS NEWSLETTER



2nd Hand

School Uniform Shop

If your child needs more school apparel, please remember that you can purchase second hand uniforms for a fraction of the price:

Polo tshirts/School dress - \$2 Jackets/jumpers - \$5 Shorts/Pants/Skorts - \$1 School Bag - \$5 Hat - \$1

How? Contact the school office or contact any of the Family & Friends committee members.



Date: 16th November 2023

Time: 9.15am Venue: Staffroom





Cyber Safety

Protecting your child's identity

Safeguard your child's privacy on popular apps and games



While most popular platforms state account holders must be over 13 years of age, many kids below this age already regularly engage with social media and gaming. While this can keep young people connected to each other and the world around them, it often makes it easier for them to share their personal information with cybercriminals or be contacted in a way that is uncomfortable or dangerous.

If your child has a social media account or is on a gaming platform, help them to stay safe by setting profiles to private and limiting the information they share online. Kids often believe people when they say they know a mutual acquaintance at their school. Setting accounts to private controls who sees your child's content and who can contact them.

Account privacy tips:

- Set profile and location to private
- Create passphrases or passwords that are long (at least 14 characters), unpredictable, unique and a combination of upper/lower case letters, numbers, symbols
- ✓ Keep passphrases and passwords somewhere safe
- Avoid using the same passphrase or password across all apps and games
- Make sure passphrases or passwords have nothing to do with personal information e.g., name, date of birth or address
- ✓ Change passphrases and passwords regularly
- ✓ Use multi-factor authentication (MFA) where possible

Exploring privacy settings on popular social media

Snapchat



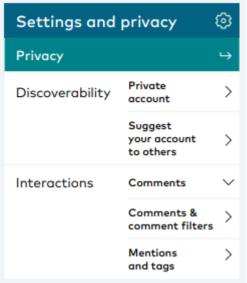


In the **Who can...** section of your child's profile settings on Snapchat, you can control who can see their content and who can contact them directly. Choosing **My friends** for all of these options does not give strangers the opportunity to interact with your child.

If you enable **Ghost mode**, your child's location will be kept private and their Bitmoji will not appear on Snap Map.

Block or remove people by going to their profile.

TikTok





On TikTok, there are different default privacy settings for different age groups.

For 13- to 15-year-old users, their profile is automatically set to private, their **Suggest your account to others** is switched off and their videos cannot be created into Duet (which cannot be changed). It's worth checking these settings regularly to ensure the right privacy settings are in place.

If your child creates an account and they are 16+, their account is automatically made public. Talk to your teenager about which privacy settings are best for them, including restricting who can comment, mention and tag their videos.

Instagram

Block or remove followers



Who can see your content

Blocked



Setting your child's account to private means that only their approved followers have access to your child's information, posts, comments and other followers.

There are more ways to safeguard your child's experience on Instagram by selecting **How others can interact with you**. This stops even their followers being able to see their activity status, tag them in public profiles or share their posts in a way they can't control.

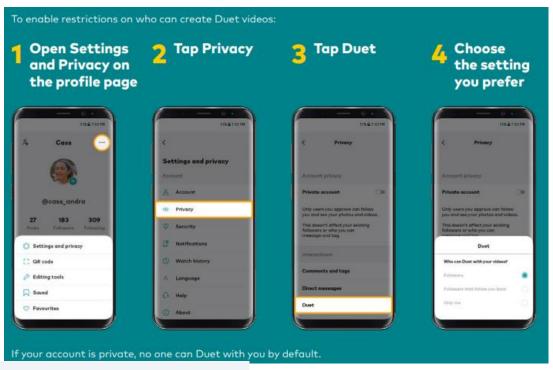
To block or restrict people contacting your child, go to the Instagram user's profile. Your child can review who they have blocked by selecting **Who can see your content**.

Restricting Duets

Duet is a content creation feature on TikTok that allows two user's videos to play side-by-side. It could mean that predators can directly interact with your child, and post content featuring them without their consent. You can restrict Duet to only people on your child's Follower list, or disable the feature entirely.

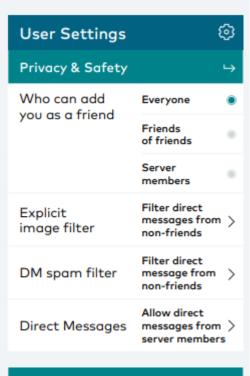
Conversation starter

Duets can be fun to do with friends or people you are close with, but if they land in the hands of people you don't know, it can get dangerous. They can share it to even more people you don't know or misuse your TikTok. Can you tell me about a time that you or your friend didn't like a Duet that was created with a stranger?



Discord

Block users



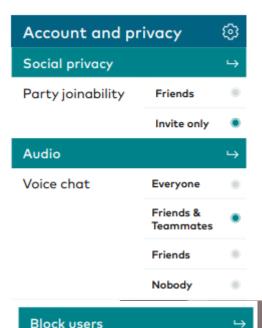
Discord users join or create servers based on their interests, so members on a server could be someone totally random.

Toggling these buttons can protect your child from random people in the same server from reaching out to or communicating with them.

Automatically block explicit images and spam to protect your child from unwanted contact.

You can block people by going to their profile.

Fortnite



There have been reports of hackers using Fortnite accounts to steal players' information and people pretending to be young using the game as a way to connect with underage players.

You can change the privacy settings on the device your child is playing on, such as on an Xbox or a PlayStation.

To make sure your child only games with people they know, set the **Party joinability** to friends or invite only. This means that strangers cannot join your child's games if they don't already have them as a friend or have invited them in.

You can also limit who can speak with your child by disabling or limiting voice chat feature. This can protect your child from being asked intrusive questions or for their personal information.

You can block users by clicking on their name and selecting **Block** or **Unfriend**.

If your child receives inappropriate contact, it's important to report the profile/user to authorities.

- Grab evidence such as screenshots or screen records of hurtful messages or images, usernames or profiles, making sure to include the time and date of harmful behaviour. Be sure to do this before your child exits group or private chats, as evidence can be lost.
- ✓ If someone is threatening to share, or has shared, nudes, intimate or private images of your child, they are committing a crime – even if they are both under 18 years.
- ✓ You can take screenshots or recordings of when and where it was shared, but do not take screenshots of the intimate image or video, itself, as this can be a crime. There's more information from the Office of the eSafety Commissioner here.



Report them to the platform

Screenshot or screen record the evidence of their actions and report them to the social media or gaming platform. Remember, if you are concerned about your family's safety, reports can be made confidentially.



Report them to the Office of the eSafety Commissioner

If the profile/user is still up and your child is still being bothered 48 hours after reporting to the app, make a report to the Office of the eSafety Commissioner. Your child might be experiencing online abuse, and eSafety can help you get the user removed from the platform.



Report them to the police

You may also need to report inappropriate contact to the police. Contacting the police via the <u>Australian Centre to Counter Child Exploitation</u> (ACCCE) website can further assist authorities, as this agency has international reach.





For quicker, hassle-free school payments, try Qkr! today

Introducing Qkr! (pronounced 'quicker') by Mastercard, the secure and easy way to order and pay for school items from your phone at a time and place that suits you.

With Qkr you can:

- Pay for a variety of school items;
- See your receipts on the app and get them sent by email if required.



Getting started is easy - try it yourself today

Step 1 Download Qkr!

on your Android phone or iPhone. iPad users can download iPhone app





Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our school

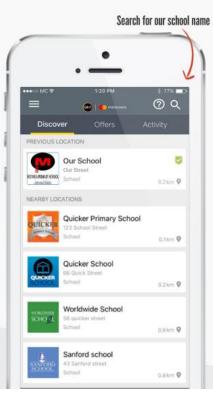
Our school will appear in 'Nearby Locations' if you're within 10kms of the school, or search for our school by name.

Step 4 Register your children

When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them.

If you have made a purchase you can select our school from 'Previous Location'

If you're within 10 kms of the school you can select our school from 'Nearby Locations'







Add your children's details in Student Profiles





Manage each child's details in **Student Profiles**

Purchase school items

Select a menu from our school







Select your items Tap 'Checkout'

Making payments

STEEME (9 Checks Jan trianer & section

Add up to 5 cards to your wallet

\$108.00 CONTRACT (A) Darlotte into Delitate & James Street

At checkout select which card to pay with.

Pay with any cards accepted by the school.

Once your payment is approved you can continue to the home page, or view your receipt.