DATE: THURSDAY 16 FEBRUARY 2023

ISSUE 2

Our Purpose: The Monmia school community is committed to providing innovative programs that Stimulate and challenge each student to develop lifelong learning skills and strategies. We provide a safe, nurturing environment where teachers, students and parents work in an effective partnership. www.monmia.vic.edu.au Phone: 03 9364 1007







MONMIA MESSENGER

Dear Monmia Families,

We are now in Week 3 of Term 1, and it is such a joyful experience to meet families at the school gates with happy children. Every day, I marvel at how fortunate I am to be the principal of this amazing community. The last few days I have visited the Monmia Kindergarten to meet families of the 3- and 4-year-old children attending there. Some are siblings of children at our school, and some are new faces. We have already started enrolment tours for Preps in 2024. If you know of families who have children that will turn five next year, please encourage them to call the school for an appointment to visit the school. This week we farewell Anja, our Business Manager. Anja will be on leave for the rest of the year, returning in 2024. Heidi Bridger, who has already become a familiar face will be our Business Manager for 2023.

GREAT MOMENTS I NOTICED IN THE LAST FORTNIGHT

- Education Minister, Natalie Hutchins visiting Monmia on Wednesday 15 February. Minister Hutchins hosted a meeting with all the school tutors in the area. It was a privilege to meet the Minister and the tutors from our neighbouring schools. We were also fortunate to have Natalie Suleyman, the Minister for Youth attend the meeting as well.
- So many children have created profiles for the School Fun Run. Congratulations to 5/6B for winning the Zooper Doopers for having the most profiles last Friday.
- It is lovely to see children dressed in their school uniforms and wearing their hats for sun protection.
- Our students enjoying the AFL sessions. Thank you, Stevie West, for organising these.

INTRODUCING OUR 2023 PROFESSIONAL LEARNING COMMUNITIES

PRINCIPAL CLASS



Vineta Mitrevski, Lorraine Bell, Lucia Vorpasso

ADMINISTRATION



Daniela Stojanovski, Leanne Anderson, Sitwat Jafri & Heidi Bridger

PREP Natalija Caridi & April Feng



1/2 Kathryn Buttigieg & Chris Muscat



5/6 Lisa Tate, Merryn Auld & Bianca Lonigro



The 3/4 and Specialist PLCs will feature in the next newsletter.

JUNIOR SCHOOL COUNCILLORS

Congratulations to the following students who were elected as Junior School Councillors for 2023 by their peers. These leaders will be presented with their badges at next Monday's assembly at 3pm.

- 3/4A: Anita and Davon
- ❖ 3/4B: Tyler and Andrew
- ❖ 3/4C: Max and Cindy
- ❖ 5/6A: Tiana and Alex C
- 5/6B: Liei and Anna S

The Junior School Councillors met for the first time yesterday with Lisa Tate, Jane Coleman and me.

HEALTHY NUDE FOOD

As we do not have a school canteen, many children are bringing snacks from home. We encourage families to assist us by providing healthy snacks for their children and if possible, to have these in reuseable containers. This would help with the litter problem we are having in the schoolgrounds. The benefits of packing a rubbish free lunch are wide-ranging:

- Reducing our environmental footprint
- Teaching children about the need to reduce, re-use and recycle
- Having fun creating delicious lunches and snacks
- Looking after our health
- Promoting rubbish free days in school
- Providing families with an easy lunch packing solution.

Thank you for your help and support with this.

COVID UPDATE

It is now STRONGLY RECOMMENDED that children/students and staff who test positive:

- 1. Stay home and isolate for 5 days
- 2. NOT attend kinder/childcare/school after 5 days if still symptomatic

It is recommended that rapid antigen tests (RATs) are used by students and staff:

- 1. If you have symptoms of COVID-19 infection, no matter how mild
- 2. If you are a household or close contact of someone who has COVID-19
- 3. If you are a social contact of someone who has COVID-19.

The Department of Health recommends that all Victorians should report their positive RAT result to the Department of Health online, or by calling 1800 675 398. School-aged children:

Parents/carers/guardians should complete the Student COVID-19 COVID Test Portal if a student tests positive to COVID-19 (via a PCR or rapid antigen test). Where a parent/carer/guardian informs the school by phone or written notification, the school will complete the Schools COVID Case Management Tool.

Students who report a positive result are recommended to isolate for a minimum of 5 days and not attend school until their symptoms have resolved.

COLOUR FUN RUN/TWILIGHT PICNIC

This community event is a highlight in the Monmia calendar. Monmia families gather to have a picnic dinner and join in the fun run. Participants need to wear clothes (preferably white) that parents/carers/guardians do not mind getting covered in colour powder. Prior to the colour run, the Student leaders will be presented with their badges. Do not miss out on a fun evening where you get to meet your children's teachers, friends and other families.

Warm Regards,

Principal

Lorume Bell

IMPORTANT DATES FOR THE DIARY

TERM 1 TERM 2

 Tuesday February 21 – TRIPLE THE FUN!!!!!!!
 Annual BE YOU Twilight Getting to know you Picnic 5.00 – 7.00 pm

Family and Friends School COLOUR Fun Run – Crazy Colour Day

P – 2 Colour Fun Run **6.00 pm – 6.20pm** 3-6 Colour Fun Run **6.25 pm – 6.45 pm**

Presentation of the badges for the Student Leaders 5.45 pm 6.00 pm

- Friday February 24-Finance
 Subcommittee Meeting @ 9:15 am
- Tuesday 28 February-School Council Meeting @ 6-7Pm
- Monday March 13 Labour Day Holiday
- Wednesday March 15 27- Naplan

Year 3 and Year 5

- Tuesday April 4 6- Life Education Van
- Thursday April 6 Last Day of Term (Early Finish at 2.30 pm)

- Monday April 24 Student resume
- Tuesday May 16- Curriculum Day- Pupil Free (No School)
- Tuesday May 23 School Photo Day
- Friday June 23 Last day of Term 2
- Student (Early Finish at 2.30 pm)

Term Dates

Term 2-

Monday April 24 – Student resume Friday June 23 – Last day of Term 2 Student Finish at 2.30 pm

Term 3 -

Monday July 10 – Students resume Friday September 15 – Last day of Term 3 Student Finish at 2.30 pm

Term 4-

Monday October 2 – Student resume Wednesday December 20 – Last day of Term 4 Students finish at 1.30 pm

CURRICULUM DAYS- Pupil Free

Term 2

Tuesday 16 May- Curriculum Day- Pupil Free

Term 3

Tuesday 1 August - Curriculum Day- Pupil Free

SPOTLIGHT ON BOUNCE BACK!

A WELLBEING AND RESILIENCE PROGRAM

THE FOCUS FOR THIS WEEK IS: ACCEPTANCE

Dear Parents and Guardians,

This week, I would like to continue with the Core Values that underpin the Bounce Back Wellbeing and Resilience Program. This week we will look at ACCEPTANCE which is a Bounce Back value as well as one of Monmia's community values.

What is a value?

A value is a belief that you have that is important in your life. A value is a principle or standard that guides your behaviour and choices. Our values form our 'moral map' which we consult every time we have to make a value-based decision or we face a moral dilemma.

Everybody is different. There is no other person that is exactly the same as you! Even identical twins have differences. Whilst identical twins may look exactly the same, they do not always think the same, act the same or feel the same. Yes, everyone is different. Being different to someone else in the way you look, think or feel does not make you any better than that person or any less important either. It just means that we are all special in different ways.

Everyone has similarities and everyone has differences and that is okay! When you feel okay about differences in people, then you get to know people who are different, you include them in your games and conversations, and you don't tease or exclude them. When you accept people who are different you understand that everyone is different and that is a good thing and a very necessary part of our community. When you enjoy and learn about other people's differences you grow to appreciate other people's backgrounds and appreciate your very own background as well. You also learn how to accept the differences you may not like but don't interfere with your friendship.

Whilst there are many differences that exist between individuals, there are also many similarities that we share and that it is equally important to recognise and celebrate our similarities.

Accepting and respecting similarities and differences are important beliefs to have in ensuring that Monmia Primary School creates a warm and positive school community.

FAMILY ACTIVITY: As a family, discuss the similarities and differences that exist between each of your family members. Discuss physical appearances, personalities, likes, dislikes, strengths and opinions on topics. Reinforce that everyone is special in some way.

I hope you have found this article interesting and useful and I look forward to any feedback you might like to share with me.

Warm Regards,

Lucia Vorpasso

Assistant Principal - Student Engagement and Wellbeing

SPOTLIGHT ON BOUNCE BACK!

A WELLBEING AND RESILIENCE PROGRAM

THE FOCUS FOR THIS WEEK IS: CARING

Dear Parents and Guardians,

This week I would like to continue with the Core Values that underpin the Bounce Back Wellbeing and Resilience Program. It comes as no surprise that the school values reflect those of the Bounce Back Program. The Core Value that we will look at this week is **CARING** which is a Bounce Back value and a school value.

What is a value?

A value is a belief that you have that is important in your life. A value is a principle or standard that guides your behaviour and choices. Our values form our 'moral map' which we consult every time we have to make a value-based decision or we face a moral dilemma.

What does caring mean?

- Caring shows thoughtfulness and concern towards others.
- Caring is showing respect and understanding of how others feel.
- Caring is when we show empathy for another person.
- Synonyms for caring are: compassionate, loving, kind, warm, sensitive, sympathetic, responsive, considerate and warm hearted.
- Antonyms for caring are: ignoring, neglecting, disregarding, paying no attention, overlooking.

Family Activity

Interview each member of your family and ask then this question "How have we been caring towards members of our own family?"

Warm Regards,

Lucia Vorpasso

Assistant Principal - Student Engagement and Wellbeing



ATTENDANCE & PUNCTUALITY



EVERY DAY COUNTS:

Prioritise school attendance!

Going to school every day is the single most important part of your child's education. Students learn new things at school every day. Missing school puts them behind.

There is no safe number of days for missing school. Each day a student misses school puts them behind, and can affect their educational outcomes. Each missed day is associated with progressively lower achievement in numeracy, writing and reading.

Lucia Vorpasso Assistant Principal: Student Engagement and Wellbeing



Student Engagement and Wellbeing



Introducing...

Dear Parents and Guardians,

Welcome back everyone! I know that 2023 is going to be a fabulous year for our staff, students and community and the students have settled in very well into the new classes. As a 'BE YOU' school, we will be implementing the *Bucket Filling Philosophy* to our students and I trust that your child has already told you about this program with excitement. It is based on 50 years of research by Dr. Donald O. Clifton (psychologist) who first created the concept in the 1960s. It is now widely promoted by Carol McCloud as an early childhood educator in the United States of America. Each student has an individual red bucket which they will keep close to them to remind them of the philosophy and to hold all their Bucketfilling drops.

Here are some points for you to know.

- We all have an invisible 'bucket'.
- The invisible 'bucket' represents your mental and emotional self.
- The invisible 'bucket' holds all your good thoughts (stars) and happy feelings (hearts).

When your 'bucket' is FULL:

- You are more likely to learn to your potential.
- You feel more confident, connected, valued, secure, calm, patient and friendly.
- You show internal and external happiness that can spread to those around you.
- You form and maintain healthy relationships.

When your 'bucket' is EMPTY:

- You can easily become sad, negative, insecure, nervous, angry, depressed, stressed, worried, disengaged or physically ill.
- You have red thoughts and believe that you won't do anything that is successful.
- You show your emotions in a way that empties the buckets of others around you.
- You find it hard to form and maintain healthy relationships.

3 EASY RULES TO FOLLOW

Rule 1: Be Bucket Filler!

Rule 2: Don't dip. Rule 3: Use your lid.

3 EASY LAWS TO FOLLOW

Law 1: When you fill someone else's 'bucket' you fill your own 'bucket'.

Law 2: When you dip into someone else's 'bucket', you dip into your own 'bucket'.

Law 3: When someone dips into your 'bucket', your lid controls how much is taken out.

How can I become 'bucket' filler?

Firstly make sure that you fill people's '**buckets'** by acknowledging their efforts and achievements. In the school's front office area you will find a large red bucket for community members to use that has drops for you to fill in.

So when you are at the school next, fill in one of the drops and place it in the 'bucket'.

Your drop will be acknowledged at the whole school assembly.

In the next newsletter I will provide you with more information about the 'Bucket Filling Philosophy' at Monmia PS.

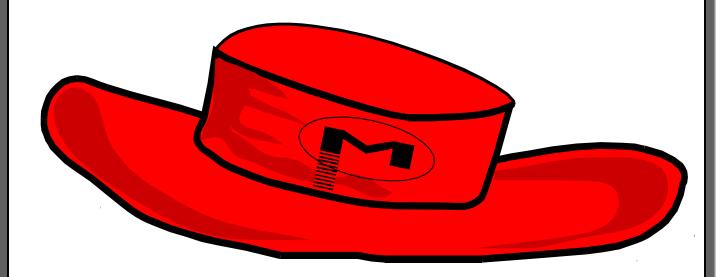
Happy Bucket Filling!

Lucia Vorpasso

Kind Regards.

Assistant Principal Student Engagement and Wellbeing

NO HAT



NO PLAY

Start of September until the end of April









TRIPLE THE FUN IN 2023

Dear Monmia Families.

Monmia is proud to be a '**BE YOU'** school. In bringing the community together at the start of the school year, we are having **TRIPLE THE FUN** by holding the:

- 1. ANNUAL 'BE YOU TWILIGHT GETTING TO KNOW YOU PICNIC'
- 2. FAMILY & FRIENDS 'COLOUR FUN RUN' FUNDRAISER
- 3. PRESENTATION OF THE BADGES FOR THE STUDENT LEADERS

We are very fortunate that Ray White Real Estate, Taylors Lakes will be supporting this community event.

DATE: TUESDAY 21 FEBRUARY 2023

TIME: 5.00PM - 5.45PM: All families having a picnic dinner

5.45PM - 6.00PM: Presentation of badges to the Student Leaders **6.00PM - 6.20PM:** Prep-2 students participate in the Colour Fun Run **6.25PM - 6.45PM:** 3-6 students participate in the Colour Fun Run.

6.45PM - 7.00PM: Families finish their picnic and pack up

7.00PM: Gates locked

WHAT TO BRING:

- Bring your own food, drinks (non-alcoholic and in plastic bottles), rugs or blankets and chairs. We ask that food is not shared between families.
- Wear white clothing so the colour stands out.
- A Coffee Van will be available for the sale of coffee and tea.

Parents/guardians will take responsibility for their own children on the evening. Students will not be permitted to enter the school grounds unless accompanied by their parents/guardians.

Please enter through Gate 3 (Front of the School) and Gate 4 (Willy's Avenue).

We hope that you and your family will be able to join the rest of the Monmia Primary School Community for this **TRIPLE THE FUN** family night.

Kind Regards,

Lucia Vorpasso

Student Engagement and Wellbeing Assistant Principal



If your child is absent, please update Sentral, ring the office or send through a message by email so we can update our records. It is important that we have a reason for each absence.



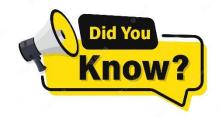


Monmia Primary School uses the platform Sentral to engage with parents. The Sentral for Parents App allows families to:

- View academic reports
- Message your child's classroom teacher
- View school documents
- View school newsletters
- Explain past and upcoming student absences
- View calendar events
- Student Led Conferences
- As well as receive real-time notifications and messages from the school or your child's classroom teacher.

How to Access:

- 1. Download the 'Sentral for Parents app.
- 2. Search for Monmia Primary School.
- 3. Click **Register here** to register a new account. You will receive a verification email which MUST be verified in order to continue.
- 4. Once verified, log back into the app and enter your access key. If you did not receive, please contact Daniela in the office to provide you with your personal access key.



You can make payments with the QKR! App. An easy and convenient way to pay for Voluntary Contributions, excursions and order uniform.

Contact Daniela and Heidi in the office for instructions.



FAMILY & FRIENDS NEWSLETTER





Congratulations **5/6B** for winning the Most Profiles Created Class.

We hope you will enjoy the Zooper Doopers!



Which class is in lead?

Which class will get the surprise for raising the most money?

- 1. 3/4C \$575
- 2. 3/4B \$430
- 3. 1/2A \$350

There's 5 more days to go!

Want more fun?

Student with highest amount raised will get to **colour bomb Principals and/or Teachers** at the Twilight Picnic! Who is in the lead?

- 1. Bailey C (3/4C) \$300
- 2. Leon C (3/4C) \$175
- 3. Kiara C (3/4B) \$175
- 4. Kayden L (1/2A) \$175

Students who raised \$10 or more receive a reward! Reward ordering will be open on 28th February. Until then, you still have a chance to reach your personal goal!





Family & Friends will be having our 2023 AGM. Details below:

Date: 23rd February 2023

Time: 9.15am

Venue: Community Room

Save the date! All are welcome to join the meeting! Come and find out more about Family & Friends!! We look forward to seeing you there!

STUDENT AWARDS



	Shamísh S.	For taking your time to practise and improve your colouring, well done:
PRA PRB	Alana N.	For your friendliness. You talk nicely to your classmates and ask them questions.
	Aliet M.	For being a great student who strives to do her best at all times.
	Línk C.	For his excellent listening and participation in class.
	Wave C.	For always showing respect and having a high standard of work.
1/2A 1/2B 3/4A 3/4B	Daksha A.	For showcasing our school values to her classmates and teachers. Keep up the great work!
	Tíjana D.	For being a 5-star listener. What a great start to the year!
	Víctoría F.	For settling into her new school and making lots of friends.
	Líndsey E.	For displaying such a great attitude to all your learning. Well done!
	Faith L.	Welcome to Monmia Primary School.
	Lotu T.	For performing to a high standard in spelling.
	Krístían Z.	For amazing leadership and contributions.
	Aríana L	For making a smooth transition to Grade 3 and being fabulous Class Captains.
	Brook L	For making a smooth transition to Grade 3 and being fabulous Class Captains.
5/6A	Tíana K.	For showing courage during her JSC presentation to the class.
	Nína L.	For her readiness for learning and high standard of work.

5/6B	Líeí M.	For sharing excellent ideas and reflective thoughts during guided reading.
	Janína T.	For making a successful start to the year as a responsible school leader.
Physical Education	Albert T.	For following the P.E. rules and for his BIG SMILE!
	Erofili T.	For never giving up and showing a growth mindset.
Languages -Japanese	Faíth L.	For amazing writing in Japanese.
	Storme D.	For outstanding work in Japanese.
Performing / Visual Arts	Tíana K	For always trying her best in all tasks and showing enthusiasm while learning
	Lydia P	For excellent effort with your work this week. Keep up the great work!.



Instrumental Music Lessons- on school campus Places available for Term 1, 2023







Small Group & Private Lessons

- Primary Music Institute offer instrumental music lessons right here on school campus!
- To find out all about the music lessons please visit PMI's website. You can check which instruments are available, get up to date program details and apply for lessons online
- Please ENROL TODAY via PMI's website
- Lessons are held once per week on school campus with lessons typically during school hours
- Only \$20.50 per child per small group lesson (2-5 students for 30 minutes)
- Private lessons (1-on-1) and pair lessons (max 2 students) are also available
- Online lessons (after hours) are also available direct to your home –contact us to find out more
- Instrumental music can improve your child's school results including for reading, maths, coordination, IQ, abstract reasoning, performance confidence... and is great fun!

P: 1300 362 824

E: admin@primarymusicinstitute.com.au

www.primarymusicinstitute.com.au







Is this your daughter?

Look no further than the Australian Girls Choir because we encourage, challenge and inspire girls as they learn to sing, dance and perform.

Join us at our **FEBRUARY OPEN DAY!**







Girls blossom as members of the AGC, both on and off the stage. Your daughter will develop confidence, public speaking and presentation

skills, resilience and friendships that will last a lifetime.

Our senior performers have shared the stage with a long list of artists including Hugh Jackman, Amy Shark and Christine Anu. You may have seen our girls perform at the National Memorial Service for Queen Elizabeth II, the AFL Grand Final or on the recently released 'I Still Call Australia Home' campaign for Qantas.

Now accepting enrolments for our rehearsal venues in Berwick, Box Hill, Caulfield North, Cheltenham, Essendon, Glen Waverley, Greensborough, Heidelberg, Ivanhoe, Kew, Ringwood and Yarraville.



JOIN US AT OUR FEBRUARY OPEN DAY

Register now at ausgirlschoir.com.au/joinagc or phone 03 9859 6499



